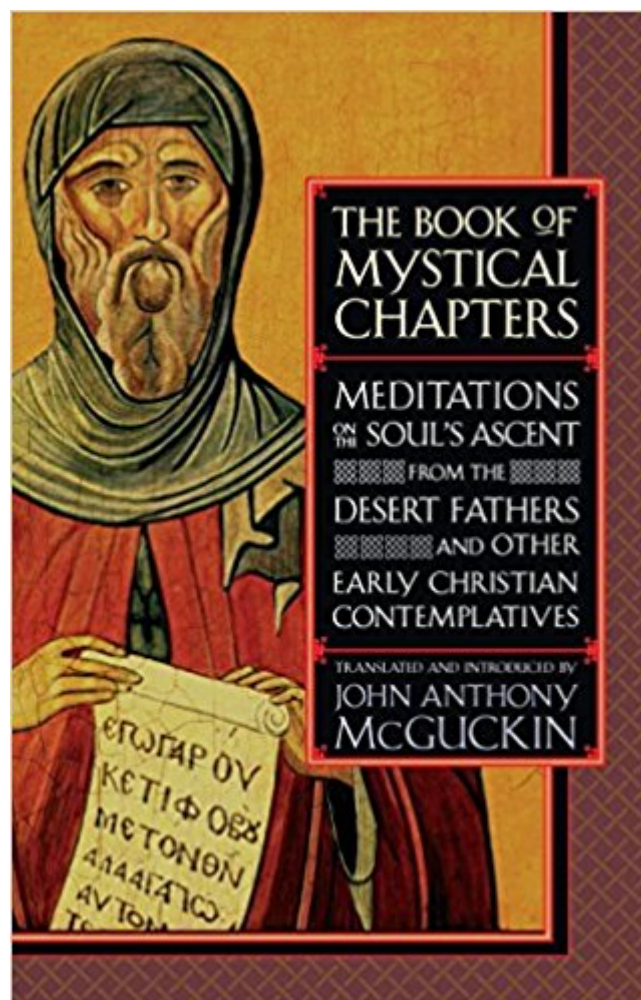


The book was found

The Book Of Mystical Chapters: Meditations On The Soul's Ascent, From The Desert Fathers And Other Early Christian Contemplatives



Synopsis

The early Christian monks of Egypt, Syria, and Palestine were the spiritual heroes of their age—fleeing the security of civilization for the desert, where they sought God in lives of prayer, contemplation, and radical simplicity. This book is a portable collection of their teachings, and those of their contemplative contemporaries, ranging from the fourth through the eleventh centuries. It is arranged to the traditional model of three ascending "books": Praktikos (practice), Theoretikos (theory), and Gnosis (knowledge). Each book consists of 100 "sentences"—aphorisms or thoughts. Each sentence is intended to be read and meditated upon for an entire day—just as the monks themselves might have done as they went about their work.

Book Information

Paperback: 224 pages

Publisher: Shambhala (July 8, 2003)

Language: English

ISBN-10: 1590300076

ISBN-13: 978-1590300077

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 12.5 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 16 customer reviews

Best Sellers Rank: #587,252 in Books (See Top 100 in Books) #256 in Books > Christian Books & Bibles > Christian Denominations & Sects > Orthodoxy #389 in Books > Christian Books & Bibles > Theology > Mysticism #746 in Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Mysticism

Customer Reviews

The Book of Mystical Chapters wants to slow you down. Its 300 brief meditations, drawn from the writings of the earliest Christian contemplatives, are meant to be read over the course of 300 days. The book's translator and editor, John Anthony McGuckin, explains that this is how early Christian pilgrims learned the wisdom of the Desert Fathers, ascending through three stages of spiritual understanding, from the practical to the transcendent. Pilgrims repeated these meditations until each one broke "like a fruit on the tongue of the monk and revealed its inner flavor to the searching mind." The Book of Mystical Chapters suggests that readers ask of each aphorism, "How have we already experienced it; how could it illuminate a truth about our own heart or the troubles of our friends' hearts or the secret ways that God wishes to develop our seeking soul?" If you're sick of

wasting time waiting at the bus stop, waiting between appointments, or waiting to go deeper in faith, maybe this is just the thing for you. --Michael Joseph Gross --This text refers to an out of print or unavailable edition of this title.

Esoteric ReligionAlthough Shambhala usually publishes books on Eastern religions, particularly Buddhism, *The Book of Mystical Chapters: Meditations on the Soul's Ascent from the Desert Fathers and Other Early Christian Contemplatives* is a rare and well-conceived foray into Christian mysticism. Drawing from 300 short meditations by Christian mystics and contemplatives from the fourth to 11th centuries, John Anthony McGuckin's collection is arranged around themes of practice, theory and gnosis. He cautions that the book is not meant for a rapid half-hour read-through from cover to cover in one sitting, but is instead designed to be digested slowly and thoughtfully. Copyright 2002 Cahners Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Very nice compilation and extracts from the desert fathers. Great for daily wisdom reading.

I have loved reading this book. It is a book one reads slowly, for each section is a gem that one wants to ponder. The authors of the paragraphs are ancient, but the wisdom is timeless. This is not a book to read if you do not want to be challenged, but it is just the book to read if you want your soul to be fed and your life to be transformed.

The depth of spiritual knowledge in this book makes for a fascinating read.

Great book that captures the thoughts of early Christian mystics from the first century to early middle ages. It is a good reminder that the human struggle to maintain devotion to God does not change.

Excellent, but I want to read more than 'snippets' of the Desert Fathers. Am looking for cheaper books as these Classics of Western Spirituality are so pricey.

This is the rare kind of book that speaks so powerfully to the depth of your soul that you feel privileged just to have read it. You could re-read it over and over again for the rest of your life without exhausting the spiritual wisdom contained in its pages.

outstanding. bought a copy for a close friend who likes it a lot.

great quality, as posted - delivery prompt - many thanks

[Download to continue reading...](#)

The Book of Mystical Chapters: Meditations on the Soul's Ascent, from the Desert Fathers and Other Early Christian Contemplatives The Ascent of Denali: A Narrative of the First Complete Ascent of the Highest Peak in North America (Mount Mckinley : a Narrative of the First Complete Ascent of the Highest Peak in North America) Desert Fathers and Mothers: Early Christian Wisdom Sayings - Annotated & Explained (SkyLight Illuminations) The Desert Fathers: Sayings of the Early Christian Monks (Penguin Classics) Early Christian Fathers (Library of Christian Classics) In the Heart of the Desert: The Spirituality of the Desert Fathers and Mothers (Treasures of the World's Religions) The Passover Soul Kit: 101 Soul Tips, Easy Passover Recipes, Pesach Insights, Meditations, Art & Quotes for the Passover Seder and the Passover Haggadah (Holy Sparks Soul Kits) National Geographic Kids Chapters: Diving With Sharks!: And More True Stories of Extreme Adventures! (NGK Chapters) National Geographic Kids Chapters: Scrapes With Snakes: True Stories of Adventures With Animals (NGK Chapters) Early Christian Writings: The Apostolic Fathers From Sin to Salvation: The Ascent of the Soul A Mystical Haggadah: Passover Meditations, Teachings, and Tales The Sayings of the Desert Fathers: The Alphabetical Collection The Forgotten Desert Mothers: Sayings, Lives, and Stories of Early Christian Women The Promise of a New Day: A Book of Daily Meditations (Hazelden Meditations) The Christian Book of Mystical Verse: A Collection of Poems, Hymns, and Prayers for Devotional Reading Sacred Nature: Coloring Experiences for the Mystical and Magical (Coloring Books for the Soul) Rumi Soul Healer: A Transcendental Story of Ecstatic Passion and Mystical Love Meditations for Manifesting: Morning and Evening Meditations to Literally Create Your Heart's Desire Day by Day: Daily Meditations for Recovering Addicts (Hazelden Meditations)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)